

KANAD

NEWSLETTER

HR TEAM

MY JOURNEY TO
HEALTH

EXCLUSIVE!

*PR. ISAAC
OLATUNDE*

Get to know more about
our Chaplain and his role
at Kanad!

CONTEST

Win 100 AED
ALSHAYA Gift Card

For internal circulation only

Editor's Note

This month's newsletter, we're celebrating several days that are relevant to the various services Kanad offers. You'll find a highlight on the Physiotherapy Department in honor of World Physical Therapy Day on September 8th, a heart-themed Espresso Yourself, an introduction to our "My Journey to Health" program, and an article from Dr. Baha in honor of World Heart day on September 29th. We've also interviewed Pastor Isaac & it's a story you don't want to miss.

We also have the joy of introducing a new section in this month's newsletters entitled, "A Word from True Sojourners." Our hope is that you are encouraged, edified, and appreciated by our leaders in this section.

In this edition, you will find that Dr. Greg has highlighted some of the ways that we've lived out our Core Value of being "Rooted in Community." See his section to read some cool stories about the legacy of our hospital in this community.

Don't think we forgot- we've still got a contest! But make sure that you have read our previous newsletters in order to get the correct answers! We have winners from last month and new opportunities to win for this month. Check it out and join the competition!

HR TEAM

Did you miss our previous newsletter?

Scan the QR to check it out!



Upcoming Events!

- **IPSG FAIR!**
October 3 to 7
- **KAHOOT! Quiz Night!**
October 19 and 26

Win Amazing Prizes!



WIN!
100 AED
ALSYAHA GIFT CARD

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Special thanks to our collaborators this month:

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Juvelene Real
Kaitlyn Baker
Tara Leo
Djo Mananhaya

We need your help!

If you have a suggestion for our team member interview section, we'd love to hear from you!

Do you like writing and would you like to collaborate with us?

You can contact our Community and Employee Engagement Officer at liliana.rojas@kanadhospital.org

**BY DR. GREG NEAL**

This month, I want to talk about our core value of being “Rooted in Community.” To be rooted in something is to be firmly established. That’s a simple statement, but to better understand the wording, we can think about something that we’re all familiar with: a date palm. There are many parts of the tree: the roots, the trunk, the palm leaves, the dates, etc. Regardless of how big the tree grows or the amount of fruit that it produces, we know that the roots are what keep the tree firmly established. The roots were a part of the humble beginning of the tree and will keep the tree grounded as it expands and grows.

As an organization, we think of our relationship with the Al Ain community in the same way. As we expand and grow in our services, we always want to remain close and grounded in the relationships we’ve built with the community throughout our existence. Our heart is not to chase clinical encounters for the sake of revenue, but to have a genuine interest in improving the health of each patient we have the privilege to serve (both physically and spiritually) and the broader community.

We’ve seen this core value played out in several ways.

Just recently, I talked with a team member who met a local woman that was born here at Kanad and has chosen to deliver all 5 of her children here. When asked why, the woman said that in addition to the exceptional medical care, she felt like the nurses, doctors, and support staff here were a part of her family. This is a family of multi-generational patients that have found consistent love, compassion, and whole-person care at our hospital and have chosen to turn to us during the most significant events of their lives.

Additionally, we’ve had the privilege of continuing the longstanding practice of visiting patients and families in their homes. This started at the beginning, and to be welcomed into homes is a tremendous honor. To be invited into the homes of families in this community for well over 60 years speaks volumes about the deep relationships of trust that our team members have with our patients, and the love that is shared between them.

Our care for this community exists beyond Kanad’s walls and beyond the limitations of the physical care we can provide. Our desire is that, by the grace of God, we can continue to deliver authentic whole-person healthcare, both in the hospital and in the community. We’ve built a legacy here in this community founded on the relationships built and care provided to local families. It is my prayer that God continues to bless, maintain, and expand these relationships in the years to come.



THE WORLD NEEDS A FATHER

BY KAITLYN BAKER

Kanad Hospital is focusing on primary care health and men's health for the month of September. As part of our efforts, we hospital collaborated with The World Needs a Father (TWNAF) to offer a unique workshop to the community. The workshop took place from 15-18 September and included both Arabic and English classes.

Over the course of four days, the TWNAF team trained 150 people, including mothers, teachers and police officers.

Sessions included topics on emotional intelligence, screen addiction, the role of fathers, how dysfunctional families affect children, restoring marital relations, and more.

TWNAF is a multinational nonprofit organization that exists to make homes more like heaven by equipping both fathers and mothers through training, mentoring and networking. Recognizing that fatherlessness is a devastating, global problem, this organization has responded to the crisis in three ways: building a global network of trainers, creating communities of practice, and developing new resources. To learn more, visit twnaf.com.

Espresso Yourself!

SEPTEMBER

BY MCKAYLA EDWARDS

“Above all else, guard your heart, for everything you do flows from it.”

Proverbs 4:23



Team Members gathered on September 13th for the most light-hearted team meeting Kanad has to offer: Espresso Yourself! In our heart-themed gathering, two teams competed in a game of charades where they acted out heart-related items. See below as our favorite IT Senior Business Analyst, Ajit Vedhanayagam, acts out "exercise."

After all the fun and games, Cardiology Specialist, Dr. Bahaa, spoke to the group about healthy guidelines that enable us care for our heart- both physically and spiritually. He has also contributed an article in this month's newsletter in addition to Kanad's social media's segment entitled "A Minute for your Heart" where Dr. Baha provides "heart healthy" advice for the community. Check out these resources for more information regarding heart-health!

Not only did we receive advice from Dr. Baha regarding our physical hearts, but he edified us with scriptures from Proverbs. In the Bible, our heart is referred to as a place where our emotions, affections, and motives are stored. He encouraged us to protect our heart by focusing on the love of Christ and seeking to love others with that same love.



Dr. Greg shows us his best moves in the warm-up activity



World Heart Day

BY DR. BAHAA KARAS,
CARDIOLOGY SPECIALIST

When we are young, we think we are strong and can overcome any challenge with our own effort. Then we take a job away from our home, in another country, and after some time away from family and our home culture, we wake up one day and realize we are exhausted, physically and even emotionally. We think, “can I do this anymore?” or “Do I need to quit my job?” Instead, what if we knew how to take good care of ourselves before we reach this point?

If you have felt this way, before you think your feelings are strange or unusual, realize you are normal. At some point in life, we all find out that God made our bodies and minds with limits. He has no limits, but we do. So, what do we do about that?

You may have heard the word “self-care.” What does that mean? As healthcare workers, we are used to taking care of others first, but may ignore our own needs.

Jesus said, “Love your neighbor as yourself.” He knows we need to take care of ourselves while we’re showing his love to others, because we are weaker than we realize.

How do we care for ourselves so that we can continue loving others well?

Here are some practical suggestions:

- **GET ENOUGH SLEEP**

For many people, getting 8 hours of sleep each night can help. If you have trouble getting enough sleep and are in the habit of looking at your phone in bed at night, instead, turn off your phone screen, turn on some quiet, calming music, and make sure the room is dark. Try to get at least 7-8 hours of sleep each night.

- **EXERCISE REGULARLY**

Why do this when you’re already tired? Studies show that regular exercise can actually give you more energy. Start with taking a walk outside each evening with a friend. Another excellent option you can do anytime, even in your room is the “7-minute workout.” Most of us have an extra 7 minutes in our day! Download the app on your phone and start doing it daily at a time that’s convenient for you. No special equipment is needed, and after a few days, you’re likely to be surprised at how good you feel!

THE LOVE OF GOD

This month, we are introducing a new piece that will be a component in all our newsletters moving forward. This piece will allow us to hear directly from our leaders at True Sojourners. We hope you are encouraged by their words.

By Tara Leo

As you may know, True Sojourners has been involved in medical, educational, relief and development projects all over the world for nearly twenty years now. Receiving stewardship of Kanad Hospital two years ago on October 1, 2020 was truly humbling for our team in the US and overseas. It is our privilege to work together with you, and it is our honor to get to share something with you here.

Tara Leo recently gave the welcome address at the “Kanad Hospital 3rd Annual Midwifery and Maternity Symposium” on September 3, 2022. Below is an excerpt:

True Sojourners is a non-profit organization that is dedicated to blessing and empowering the people of all corners of the world with tangible demonstrations of love.

The word "love" is a feeling or emotion, an abstract noun and can also be a verb.

Although love is abstract and unseen as a feeling or emotion, it has the most powerful, tangible expressions. I think the work that midwives, nurses and doctors perform is exactly that - tangible expressions of love!

Why did the Kennedy's come to Al Ain? American Doctors Pat and Marian Kennedy, husband and wife, moved with their 4 children to this city 62 years ago, before air conditioning, running water, or proper roads (*it would take a day to journey through the sand dunes to get from Dubai to Al Ain*). What would make one move from a prosperous, comfortable life in America to the Arabian desert, far from comforts they had known? Love. Deep love for God and for others.

Here is an excerpt from an article written in “The National” newspaper by Tahira Yaqoob in 2010, which recounts the love the Kennedy's displayed.



"Doubled over with labour pains, a bewildered Sharifa Um Hamad was convinced she would die. A child bride at 14, she had never been to school or been told what would happen during the birthing process. She knew only that her swollen belly meant she was pregnant.

Petrified when her waters broke, she walked for kilometres across sand dunes until she reached the concrete prefab building where she had heard kindly strangers were equipped to treat the sick.

There, in the simple hut powered by a single generator, she found Dr. Marian Kennedy and sobbed in her arms in terror. The doctor - known as Mariam to the Bedu who sought her expertise - instantly allayed her fears with four simple words.

"Consider me your mother," she told the teenager.

"I thought the baby would come out of my mouth," Um Hamad now recalls.

"I had no idea what labour pains were or what was happening to me.

But Dr. Mariam explained the birthing process to me, showed me how to look after the baby and taught me how to breastfeed. Even then I was scared because I thought the baby was trying to eat me."

That was nearly four decades ago and not only has Um Hamad, now 52, had 11 more children since, but that first baby, Sheikha, is now a 38-year-old schoolteacher - and just one of the success stories of the Oasis Hospital in Al Ain.

When it was founded in 1960 under the patronage of Sheikh Zayed and his brother Sheikh Shakhbut, the healthcare of the emirate was in dire straits. Only 50% of babies survived and one in three mothers died during childbirth. Malaria and tuberculosis were rife while facilities in the desert were rudimentary at best. Crude birthing methods, such as using rock salt to treat bleeding in new mothers, often left them infertile or battling potentially lethal infections."

Why did my husband and I start the non-profit organization True Sojourners? For the same reasons. An understanding and love for God's Word, for God himself, and for others all over the world.

Why do you all do what you do as Midwives, Nurses and Health Professionals? Is it just a job? Or is it about more than that? Here at Kanad, we want our work to be an expression of love – for God and for all people.

It is written in the Holy Bible that “God is love” and that He created us in His image or His likeness. Meaning, we have qualities and characteristics of God himself. We do not physically look like God! However, He has given us the ability to feel feelings He feels and have abilities and talents that are from Him. So, the desire to sacrificially serve and love another comes from the heart of God. “God is love.” This is His essence.

When you stay with, encourage, teach, care, treat, etc., you are loving Emiratis as well as all patients we serve here in the UAE. You are making love tangible in every interaction with patients and their families.

A verse from the Bible says this in John 3:16 “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.”

Further, Jesus' definition of love and his command to us was this: Jesus said, “This is My commandment, that you love one another as I have loved you. Greater love has no one than this, that he lay down his life for another.” (Holy Bible, John 15:12-13)

On behalf of True Sojourners, I want to thank you all for how you show tangible demonstrations of love toward women, children, and families through your profession. Thank you for every sleepless night, encouraging word, extension of kindness, compassion and service to strangers, and for your care for the vulnerable and weak as well as the proud and unkind. We truly value your gifts and service to the community.

**This is my
commandment,
that you love
one another as I
have loved you.
John 15:12**



MY JOURNEY TO HEALTH - STEP 1

AT KANAD HOSPITAL, WE VALUE YOU...

WHAT?

This is a **FREE** health status evaluation which starts with a health assessment survey, followed by laboratory tests (lipid panel and HbA1c), height, weight and blood pressure. You will be notified if you qualify for the "My Journey to Health" program based on your result.

WHO?

All team members and their spouses who are covered under Kanad Hospital health insurance.

WHEN?

Survey is open for the whole month of October.

WHY?

As the old adage says, "Prevention is better than cure." With the help of our Primary Care Providers, you will have a better understanding of your current health status, identify areas of concern and will be given advice on the different interventions based on your health status.

AT KANAD HOSPITAL, WE VALUE OUR TEAM MEMBERS' WELL-BEING AND WE BELIEVE THAT, HEALTHIER EMPLOYEES THRIVE!



GET STARTED TODAY! COMPLETE THE 1ST STEP HERE, A BRIEF SELF-ASSESSMENT BEFORE THE CLINICAL ASSESSMENT. 20 PARTICIPANTS WILL BE IN A RAFFLE DRAW FOR 100 AED GIFT CARD

A CONVERSATION WITH PR. ISAAC OLATUNDE

BY MCKAYLA EDWARDS

- **A person** – Jesus Christ my Lord- I want to be like Him
- **A place** – Crane Beach, Ipswich, MA
- **A food** – Rice and beans with fried plantain
- **A book** – the Bible
- **A movie** – Chosen
- **A song** – Do it all Again- Todd Dulaney
- **A color** – Blue
- **Dream job** –What I'm doing now!
- **Biggest fear** – Turning my back from the Lord. May this never happen.



Staff Chaplain, then, I moved to the United States for graduate study in counseling and religion. I am a USA licensed Mental Health Counselor. I am also a Marriage and Family Therapist. Then, 3 years ago I came back here again. In total, I have served here for over 10 years.

I wasn't planning to come back here but I also want to be where God wants me to be. But at some point, I thought God might be telling me to come back here. One night during my family's worship time, my daughter wanted us to read in a Minor Prophet, specifically Jonah. We read the story then I realized that I wasn't listening to God's call to return. We usually have conversations about what we read and learned, but on that night I just said, "hmmm, let's pray." I did not want to listen to what God was telling me. But, that night, God spoke to me in a dream. It was very clear that He wanted me back here. So, I chose to obey and here we are!

- What is your role here at Kanad?

My role is as Vice President for Pastoral Care which is mainly to provide pastoral care to staff and patients in the areas of spiritual and emotional wellbeing. Kanad Hospital is unique because we do not only care for people's physical/medical needs but their spirit and soul as well.

- Tell me a little bit about your story. Where are you from? How long have you been working here at Kanad? How did you know God was leading you here?

I am from Nigeria and moved here in 2005. I am a licensed Pharmacist in Nigeria. I served here at Kanad Hospital (then Oasis Hospital) for 7 years as

What can we as Team members expect from the Chaplaincy Department?

We want everyone to be a part of the Alpha program. This program helps us to grow in our understanding of who God is. We want to reflect Jesus Christ, but how can you reflect someone you don't know? We want to grow in our faith together as Team Members and to build our teams on this truth. We will begin this program in September for each department who are open to it.

We also want to provide care, prayer, counseling, and necessary support for Team Members.

We want to continue caring for people in our community in line with our core values of being Rooted in Community and Advocating for Those in Need.

We want to care for the community spiritually and physically through the first-time mom visits and the free clinic. God has used our nurses and our volunteers to bless the community through these programs.

You mentioned that your position allows you to see the Power of God at work. Can you tell me about some ways where you've seen God at work?

One of the ways is seeing staff members grow in their faith. Also, our team goes into patients' rooms every day and pray for patients in the name of Jesus, and God answers our prayers by His grace and mercies. There was one staff member who wasn't bold in praying with people, but now she does. Many patients know that we believe in the power of God and that is why they come to Kanad hospital.



Chaplaincy volunteers gather monthly to pray together and ask God that His will would be done as they seek to serve the Team Members and patients here at Kanad.

DEPARTMENT HIGHLIGHT

Physiotherapy



Gareth Wright

I'm from the UK. I started at Kanad in September of 2016. In my free time, I love to play tennis. I'm not too good at DIY. Something that amazes me is the human body. One of my dreams is to take my family on a safari to Africa.



Maretha Van Wijk

I'm from South Africa & I started at Kanad in 2003 with a break in 2013. In my free time, I love to plant, play cello, brew kombucha, and learn Japanese. Something that amazes me is how God loves me. One of my dreams is to live a worthy life, so that I would one day hear the words "Well done good and faithful servant" from my Master.



Gabriel Yeung

I'm from Canada. I started at Kanad in 2019. I love sports, fitness, cooking, and shoes. If my house were burning down I would try to save passports, family pictures, and my shoe collection. Something that amazes me is the earth, there are so many amazing places in nature and animals. One of my dreams is to see my kids do things that I could never imagine!



Annie Cheng

I'm from USA. I started at Kanad in 2012. In my free time, I love doing sports activities. Something that amazes me is the Lord's sacrificial, unconditional love for us. One of my dreams is to travel around a country in a camper-van or work on a self-sustaining farm.



Prishita Bhargava

I'm from India. I started at Kanad in August of 2016. In my free time, I love to travel. I'm not too good at cooking. If my house were burning down I would try and save my son. Something that amazes me is the Human brain. One of my dreams is to read peoples thoughts.



Alaa Elzain

I'm from Sudan. I started at Kanad in 2022. In my free time, I love to swim and dance. I'm not too good at saying "no" to food. If my house were burning down, I would try to save my phone. Something that amazes me is the depth of the ocean. One of my dreams is to travel around the world with my loved ones.



Gaye Paris

I'm from Philippines. I started at Kanad in 2021. In my free time, I love cycling, running, and traveling. I'm not too good at organizing things. If my house were burning down I would save my wallet. Something that amazes me is mountains. One of my dreams is to be a rich housewife.



Rachel Sammons

I'm from USA. I started at Kanad in 2022. In my free time, I'm often baking. I'm not too good at making up stories. If my house were burning down I would save my kitchen aid mixer. Something that amazes me is how God loves me perfectly when my love for him is not perfect. One of my dreams is to travel to every country.



Elizabeth Nimbalkar

I'm from India. I started at Kanad in 2018. In my free time, I love to go on a thrilling adventure and eat good food. I'm not too good at being rude to people. If my house were burning down, I would try to save my passport & documents. Something that amazes me is spontaneity. One of my dreams is to travel all around the world!

WORLD PT DAY 2022

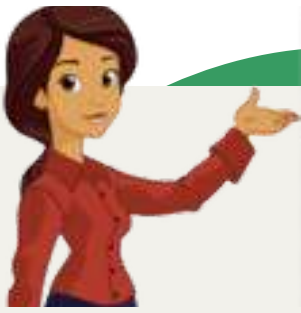
For World PT Day on September 8th, Gareth and Elias produced a mini series of reels on their social media accounts in congruence with the theme of #osteoarthritis. These reels debunk several common myths about osteoarthritis. The provisions of quality content and active social media presence display the Physio Department's faithfulness to connect with the community in addition to the day to day operations in their department.



Elias Shammas

I'm from Lebanon. I started at Kanad in 2022. In my free time, I love to play basketball, spend quality time with my family, listen to music, and watch movies. I'm not good at singing and dancing. If my house were burning down, I would try to save my family. Something that amazes me is breakdancing. One of my dreams is to travel the world with my wife and son.





Adeleine Tolosa

I'm from Philippines. I started at Kanad in 2009. In my free time, I love to watch movies. I'm not too good at expressing my feelings. If my house were burning down, I would try to rescue my family. Something that amazes me is animals. One of my dreams is to go to Disneyland Tokyo.



Yousuf Al Badi

I'm from Oman. I started at Kanad in 2018. In my free time, I love to watch movies. I'm not too good at multi-tasking. If my house were burning down I would try and save my keepsakes. Something that amazes me is lifestyles and cultures. One of my dreams is to explore different cultures around the world.



Betra Dib

I'm from Syria. I started at Kanad in 2018. In my free time, I love to watch movies and walk. I'm not good at dancing. If my house were burning down, I would try to save my kids. Something that amazes me is other cultures. One of my dreams is to travel abroad to countries where it snows.



Hamda Abdul Aziz

I'm from Pakistan. I started at Kanad in 2017. In my free time, I love to watch movies. I'm not too good at mingling with people. If my house were burning down, I would try and save my family. Something that amazes me is the beauty of nature. One of my dreams is to try different kinds of food.



A "family photo" of the Physiotherapy Department!

ROOTED IN COMMUNITY

Elizabeth and Gaye in Pediatrics have given talks at local nurseries about childhood development! "The best part about the community visit is that it helps me to connect with most of the people who play an important role in supporting the child's development such as the parents, teachers and childcare takers within their comfort zone," said Elizabeth.





INTERNATIONAL PATIENT SAFETY GOALS

GOAL 1 Identify Patient Correctly



GOAL 2 Improve Effective Communication

GOAL 3 Improve the Safety of High-Alert Medication



GOAL 4 Ensure Safe Surgery

GOAL 5 Reduce the Risk of Health Care-Associated Infections



GOAL 6 Reduce the Risk of Patient Harm Resulting from Falls

SCAN FOR MORE INFORMATION!



Upcoming Events!

- **IPSG FAIR!**
October 3 to 7
- **KAHOOT! Quiz Night!**
October 19 and 26

Win Amazing Prizes!



OSH MONTHLY ALERT

SEPTEMBER 2022

[Reporting Period: 01 to 31 Aug 2022]

MUST KNOW INFORMATION:

SHARP DISPOSAL

DO's

- Needle and syringe should be discarded as a single unit as far as possible after the usage.
- Used disposable needle and syringe should be placed in the container designated for this purpose.
- Sharp's container shall be placed as near as possible to the immediate area where sharp's are used, to limit the distance between the area of use and disposal. Close sharp's box when not in use.
- Sharps should be discarded immediately after use directly into the sharp's container.
- Discard all used sharp materials in a puncture resistant, waterproof and leak proof sharp's box, which is available in every clinical department.
- All sharps, if at all to be carried to a sharp's box, must be placed on rigid, puncture resistant tray
- Surgical blades should be removed by an appropriate tool and discarded by the use of a tool in the sharp's box (for. E.g. artery forcep)

LOST TIME INJURY FREQUENCY RATE (LTIFR)

The number of lost time injuries that occurred during the month per 1 million man hours works.

0

AVERAGE NUMBER OF OSH TRAINING HOURS PER EMPLOYEE

2
HOURS

Q3/2022 - OSH DRILLS EMPLOYEE PARTICIPATION

TARGET % **70%** ACHIEVED % **53%**

Q3/2022- OSH TRAINING EMPLOYEE PARTICIPATION

ACHIEVED % **60%** TARGET % **60%**

INCIDENT STATISTIC REPORT

5 EMPLOYEE: 1 NEAR MISS, 4 FIRST AID

2 CONTRACTOR: 1 MEDICAL TREATMENT CASE, 1 NEAR MISS

2 OTHER PERSON: 2 NEAR MISS

MAIN OSH INCIDENTS REPORTED

09 nos. OSH Incident Reported for September 2022



COMMON OSH RELATED FINDINGS

- Firefighting equipment found expired
- Smoke detector found tampered by masking tape



OSH AWARENESS PROGRAM

July 2022 - Microwave Oven (Fire Safety)
 Aug 2022 - Hazardous Chemical
 Sept 2022 - Needle stick injury

WHERE TO FIND THE OSH RELATED DOCUMENTS?

- Use Internet Explorer
- Quick Start Link
- Occupational Safety Channel
- Policy master index

LEGAL COMPLIANCE ALERT

- Ref. KH Intranet-PMI- FM 34- OSHMS Manual -Section 5.
- Risk Register will be found in QuickStart link

OSH TEAM CONTACT DETAILS



Juvelene Real | OSH Officer
 Ext. 2608 / Mobile: 055-9550989
 juvelene.real@kanadhospital.org



Joseph Ereira | OSH / Support Services Coordinator
 Ext. 1080 / Mobile: 055-2469565
 joseph.ereira@kanadhospital.org

SAFE HANDLING AND DISPOSAL OF SHARPS

What is Sharps?

Sharps are needles, blades (such as scalpels) and other medical instruments that are necessary for carrying out healthcare work and could cause an injury by cutting or pricking the skin.

What are the risks related to sharps?

Potential exposure to infections such as Blood Borne Viruses. This can occur where the injury involves a sharp that is contaminated with blood or a bodily fluids from the patient.

What is my role as an employee to avoid sharps injury?

- Ensure the availability of sharp container where sharps are likely to be used.
- **Directly discard the sharps in to sharp container only after using it.**
- Do not place used sharp items on any environmental surface like table, bed side, or tray etc.
- **Do not recap or manipulate using both hands, it may increase the risk of injury.**
- Do not hand pass exposed sharps form one person to another.
- Do not dispose sharps in to hazardous, general or linen bags.
- Report and investigate all sharps – related injuries.
- Participate in training program.
- Store sharps containers out of the reach of children.
- Portable sharp containers should be closed when not in use.
- Sharp containers should not be filled above the manufactures marked line or 2/3 full.

To know more about Safe Handling and disposal of sharps, please read policy:

[IC09 - Safe Handling and disposal of sharps](#)

In case of needle stick injury:

- Use soap and water to wash the areas where exposed as soon as possible
- Flush exposed mucus membranes (nose, mouth) with water
- Flush exposed eyes with water or saline solution.
- Immediately seek the medical treatment
- Inform to the supervisor and report the incident.

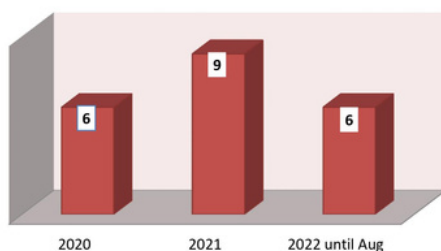
Fill the label properly while assembling the sharp container

Unit:	_____
Assembled by:	_____
Use Date:	_____
Expiry Date:	_____
Locked by: / Date :	_____

NOTE:

It is the responsibility of the person(s) using the sharp to dispose of it properly. Do not leave sharps for someone else to dispose of. Exception is in the OR where the scrub nurse and the circulating nurse are additionally responsible to ensure that sharps are disposed of properly upon completion of the count and documentation.

Needle stick statistic Report



Improper disposal can lead to - Sharp exposure





PICS FOR LAUGHS



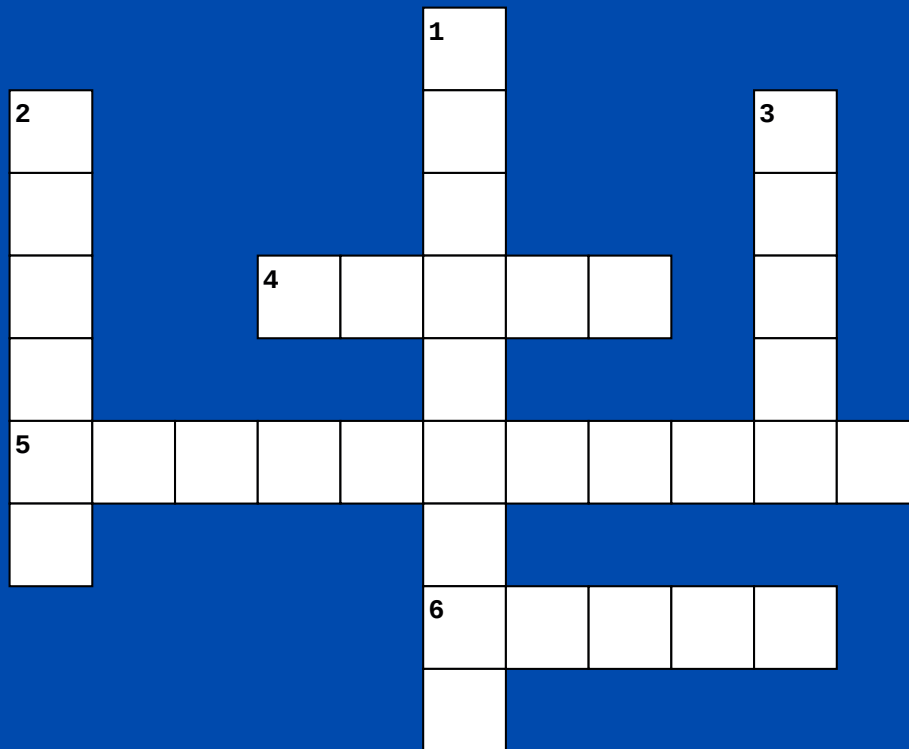
JENYLENE CUCIO



Congrats

TISHA TOM
 NAVYA DAVIS
 JUVELENE REAL





Down

1. Practice that Dr. John Birky recommended in his self-care article.
2. A place considered by Tara Leo her “real home”.
3. Name of the course that the Chaplaincy Team is running in each department.

Across

4. Name of the Steps Challenge App that everyone is downloading at Kanad as part of the Wellness Program.
5. A word from our mission statement that our CEO would like us to focus on.
6. The instrument that Maridel Castillo loves to play.

Solve this trivia crossword and send us a screenshot with your answers at hractivities@kanadhospital.org to have 1 entry for the RAFFLE DRAW. You have until 14 October 2022 to participate.
3 Lucky Winners!

Employee Acknowledgement



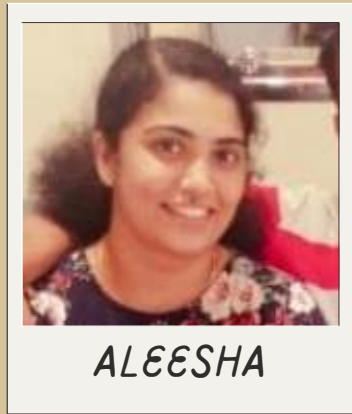
DR. FAIROUZ

"Dr Fairouz is one of the best doctors I have ever met in my life"



DR. AJIT

"Dr Ajith is a very good at his work, he is an excellent doctor"



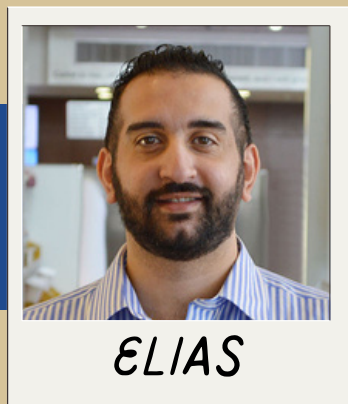
ALEESHA

"Nurse Aleesha is very patient and cute, she has mercy and high humanity"



DR. ALI

"Dr. Ali was excellent, please thank him for me"



ELIAS



ADIE

"I am going through a course of treatment with Mr. Elias Shamma, and I want to say that I am so blessed to receive treatment from him. This person is magical, and he has a special gift from God in providing exceptional care. I am so impressed with the way how he analyses the problem, and the personalized care he has provided. In 2 sessions I felt a huge difference in my pain. He was very accommodating and willing to be flexible on booking times. I want to express my thanks and appreciation to Mr. Elias for his hard work, care, and determination in getting me back on track. Also to highlight that he was reaching out to me to make sure I am getting better which is something amazing. I cannot forget to thank Ade for making my initial appointment make happen. Thanks, my dear. "Getting you moving and keeping you moving." Yes, it makes more sense to me.



BIRTHING CENTER



"My experience was perfect with all staff in Birthing Center, they were so helpful and supportive"



HILDA

"Hilda was very helpful, cooperative and cute".



JUSTINE

"A special thanks to midwife Justine, she is very excellent, I really want to call her and thank her by myself, because she helped our baby in professional way when the umbilical cord was curled up on the neck, she is really amazing and hardworking".



DR. HALA

"I would like to send a special thanks to Dr. Hala for her caring and helping to my wife".



AJITHA

"The nurse Ajitha was very nice, hardworking and patient".



BIOMED TEAM

COLLEAGUE ACKNOWLEDGEMENT

I was very impressed today with the Biomed team and how they are engaged in the annual implementation plan, and how each member understands it and has a role in the plans. Silpa drafted an excellent strategic focus, goals, and Biomed implementation plan chart showing how much they enjoy the systematic approach.

WARD NURSES

AWESOME!

"The Nurses who were taking care of me and my baby at Kennedy Building were perfect, they were around whenever I need them, they do check- up regularly to my baby's health"



"I would like to thank Ms. Fatemeh for her classical approach and for her respecting people and helping them. She really deserves big thanks."



"Midwife Fadiela was very helpful, excellent, patient, and cute, please thank her for me"



and I am so grateful, as well as the Anesthesiologist was perfect, even though I would thank Dr. Areej, she is one of the best doctors I have dealt with"

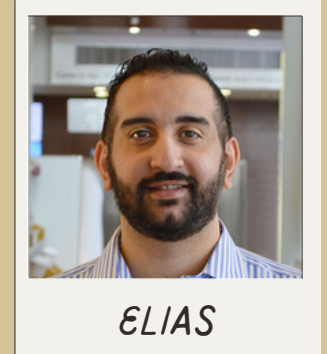
Good treatment and compassion in the birthing center, my experience was excellent



"The midwife Zine was very good, patient, and explained everything to me, also midwife July was very good, cute and helpful, please thank them for me."



"Both Elias and Gaye were very knowledgeable with what they were doing, they both helped me in my recovery from my injury. The reception staff were exceptional and very accommodating in helping me find a suitable schedule. "



"Overall experience was really good, and I really appreciate the care I received from everyone, highly recommended to everyone, thank you"

